

# February 2020

MONDAY

27

**Did you know..**

Valentine Conversation  
Hearts have been  
around since  
1866!



3

Dutch Waffle  
With Sausage & Strawberries  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Cereal Bars & Bowls W/ Gogurt  
Craisins and Juice

10

Cheeseburger  
With Twisty Fries  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Benefit Breakfast Bars  
Apple Slices and Juice



17

Mac and Cheese  
With Corndog Bites  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Poptarts-Waffles-Bagels&Gogurt  
Apple Crisp and Juice



24

Pancake on a Stick  
With Hashbrowns  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Breakfast Breads



TUESDAY

28



4

Chicken Alfredo  
With Breadsticks  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Fruit Parfait and Elves  
Raisels and Juice



11

Broccoli Cheese Soup  
With Breadsticks  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Donut Day!  
Applesauce Cup and Juice

18

Teriyaki Chicken  
With Rice and Roll  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Fruit Parfait and Chex  
Apple Slices and Juice



25

Chili  
With Cinnamon Roll  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Donut Stix and Goldfish



This institute is an equal opportunity provider.

WEDNESDAY

29

5

Dippin Dogs  
With Cheese Sauce & Tots  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Cinnamon Roll and Goldfish  
Strawberry Cup and Juice



12

Chicken Fried Steak  
With Potatoes and Gravy & Roll  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Fruit Smoothie and Elves  
Mixed Berry Cup and Juice



19

Mashed Potato  
Chicken Bowl  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Sausage & Egg Bagel Sandwich  
Strawberry Cup and Juice

26

Chicken Nuggets  
With Potatoes and Gravy  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Fruit Smoothie and Elves



THURSDAY

30

6

Lyman High School  
Breakfast \$1.50 Lunch \$2.50  
All meals include 1% white or  
chocolate milk. All juice is 100%  
fruit juice.



Stuffed Crust Pizza  
With Wedges  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Breakfast Breads  
Apple Crisp and Juice

13

Popcorn Chicken  
With Emoji Fries  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Breakfast Breads  
Fruit Cup and Juice

20

Pizza Sticks  
With Marinara and Fries  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Donut Day!  
Craisins and Juice

27

Chicken Drumsticks  
With Wedges  
Fresh Fruit and Vegetable Bar  
**Breakfast**  
Sausage & Egg Bagel Sandwich

**Fruit Cup and Juice**

**Raisels and Juice**

**Mixed Berry Cup and Juice**

**Craisins and Juice**